

Mid-America Masters Regional Championship Meet Records 1975-2009*

100 Meters	Name	Time	Year	Location
W 30-34	JoeAnn Jackson	12.73	1994	Blaine, MN
W 35-39	Danis Willet	12.90	1992	Lincoln, NE
W 40-45	Ruth Galloway	14.29	2002	Wichita, KS
W 45-49	Denise McField	13.70	2005	Edwardsville, IL
W 50-54	Maureen Halloran	16.66	2004	Edwardsville, IL
W 55-59	Nina Bryant	16.39	1999	Wichita, KS
W 60-64	Sylvia Brooks-Smith	16.83	1999	Wichita, KS
W 65-69	Polly Clarke	16.40	1979	Aurora, CO
W 70-74	Barbara Jordan	16.76	2006	Ft. Collins, CO
M 30-34	Lirvom Wallace	10.80	2005	Edwardsville, IL
M 35-39	Christian Boda	11.00	2000	Wichita, KS
M 40-44	Donald Cottner Jr.	11.28	2002	Wichita, KS
M 45-49	Porter	11.42	2003	Wichita, KS
M 50-54	James St. Cyr	11.22	1999	Wichita, KS
M 55-59	Ross Jenson	13.00	2000	Wichita, KS
	Tom Fisher	13.00	2000	Wichita, KS
M 60-64	Earl Ventura	12.60	1990	Lincoln, NE
M 65-69	Bob Lida	12.47	2002	Wichita, KS
M 70-74	Jack Greenwood	14.20	1996	Colorado Springs, CO
M 75-79	Herb Anderson	15.00	1979	Aurora, CO
M* 77	John Davison	14.30	1996	Colorado Springs, CO
M 80-84	Ed Carter	16.30	2000	Wichita, KS
M 85-89	Ed Carter	18.43	2006	Ft. Collins, CO
200 Meters				
W 30-34	JoeAnn Jackson	27.22	1994	Blaine, MN
W 35-39	Christy Amaris	28.54	1994	Blaine, MN
W 40-44	Robin Galloway	30.75	2003	Wichita, KS
W 45-49	Denise McField	30.75	2005	Edwardsville, IL
W 50-54	Rebecca Martin	36.57	2006	Ft. Collins, CO
W 55-59	Cathy Nicoletti	31.16	2006	Ft. Collins, CO
W 60-64	Eileen Schmidt	38.87	1999	Wichita, KS
W 65-69	Polly Clarke	36.20	1979	Aurora, CO
W 70-74	Barbara Jordan	36.05	2006	Ft. Collins, CO
M 30-34	Anthony Davis	22.03	2004	Edwardsville, IL
M 35-39	F. Christian Boda	22.20	2000	Wichita, KS
M 40-44	Mac Azouqa	23.00	1991	Lincoln, NE
M 45-49	Kirk Burgess	24.00	2000	Wichita, KS
M 50-54	James St. Cyr	24.00	1999	Wichita, KS
M 55-59	Larry Law	25.10	2003	Wichita, KS
M 60-64	Bob Lida	25.90	2000	Wichita, KS
M 65-69	Bob Lida	26.23	2002	Wichita, KS
M 70-74	Jack Greenwood	29.50	1996	Colorado Springs, CO
M 75-79	John Davison	30.10	1996	Colorado Springs, CO
M 80-84	Ed Carter	35.10	2000	Wichita, KS
M 85-89	Russ Randall	40.30	1995	Colorado Springs, CO

400 Meters	Name	Time	Year	Location
W 30-34	Zenia Ayrton	58.63	2004	Edwardsville, IL
W 35-39	Danis Willet	59.70	1994	Blaine, MN
W 40-44	Lynae Larson	64.83	1994	Blaine, MN
W 45-49	Diane Stoneking	74.09	1994	Blaine, MN
W 50-54	Deanna Scoville	1:28.84	2001	Wichita, KS
W 55-59	Dianne Palmason	69.50	1995	Colorado Springs, CO
W 60-64	Eileen Schmidt	1:36.30	1999	Wichita, KS
W 65-69	Polly Clarke	88.00	1979	Aurora, CO
W 70-74	Maxine Anderson	2:05.30	1998	Wichita, KS
M 30-34	Antwon Dussett	47.17	2007	Edwardsville, IL
M 35-39	Robert Thomas	50.10	2005	Edwardsville, IL
M 40-44	Marek Wensel	51.55	2009	St. Paul, MN
M 45-49	Tom Bassett	55.90	1991	Lincoln, NE
M 50-54	Jack Greenwood	54.94	1978	Kansas 440 yards
M 55-59	Jim Schoffman	58.66	2009	St. Paul, MN
M 60-64	Bob Lida	59.25	1999	Wichita, KS
M 65-69	Bob Lida	58.86	2003	Wichita, KS
M 70-74	Herb Anderson	1:20.00	1979	Aurora, CO
M 80-84	Robert Anthony	1.42.10	2000	Wichita, KS
800 Meters				
W 35-39	Lin Abercrombie	2:30.90	1996	Colorado Springs, CO
W 40-44	Alison Slabach	2:51.70	2005	Edwardsville, IL
W 45-49	Judith Udall	3:15.95	2002	Wichita, KS
W 50-54	Deanna Scoville	3:44.60	2002	Wichita, KS
W 55-59	Debbie Stiles	3:26.20	2004	Edwardsville, IL
W 60-64	Eileen Schmidt	4:13.07	1999	Wichita, KS
M 30-34	Carl Nicholson	2:02.10	1978	Kansas 880 yards
M 35-39	Lonnie Groves	2:04.90	1975	St. Marys, Kansas 880 yards
M 40-44	Mark Wyckoff	2:00.59	2004	Edwardsville, IL
M 45-49	Frank Kunkel	2:17.94	1995	Colorado Springs, CO
M 50-54	Jeff Berven	2:15.24	2001	Wichita, KS
M 55-59	George Marchetti	2:20.90	1998	Wichita, KS
M 60-64	Ken Luff	2:27.30	1995	Colorado Springs, CO
M 65-69	Bill Perich	3:04.40	2000	Wichita, KS
M 70-74	William Andberg	2:46.80	1981	Lincoln, NE
M 75-79	Joseph Bell	3:22.80	2005	Edwardsville, IL
1500 Meters				
W 30-34	Kate Kinney	4:52.73	1995	Colorado Springs, CO
W 35-39	Linda Abercrombie	5:08.41	1995	Colorado Springs, CO
W 40-44	Mary Grene	5:01.59	2003	Wichita, KS
W 45-49	Diane Groff	5:44.70	2006	Ft. Collins, CO
W 55-59	Diane Palmason	5:45.99	1995	Colorado Springs, CO
W 60-64	Eileen Schmidt	8:44.75	2001	Wichita, KS
M 30-34	Carl Nicholson	4:30.40	1978	Kansas (Mile)

	Eric Essau	4:32.64	2003	Wichita, KS
M 35-39	Peter Pattigan	4:18.18	1994	Blaine, MN
M 40-44	Jay O'Neill	4:24.68	1999	Wichita, KS
M 45-49	Rick Schornstein	4:39.07	1995	Colorado Springs, CO
M 50-54	Jeff Berven	4:36.46	2001	Wichita, KS
M 55-59	Dan Conway	4:44.03	1994	Blaine, MN
M 60-64	Ross Greathouse	5:31.40	1998	Wichita, KS
M 65-69	Paul Heitzman	5:32.70	2000	Wichita, KS
M 70-74	William Andberg	5:33.20	1981	Lincoln, NE
M 75-79	Jerry Smartt	6:49.36	2008	Edwardsville, IL

3000 Meters

W 40-44	Pamela Linov	12:30.80	2006	Ft. Collins, CO
M 30-34	Troy Scarlett	10:19.46	2001	Wichita, KS
M 35-39	Kent Tuxhorn	9:56.27	2001	Wichita, KS
M 40-44	Jay O'Neill	10:05.35	1999	Wichita, KS
M 45-49	Dennis Rademacher	11:09.00	1998	Wichita, KS
M 50-54	Jeff Berven	9:55.14	1999	Wichita, KS
M 55-59	Jeff Berven	10:47.00	2002	Wichita, KS
M 60-64	Jerry Brown	13:17.90	2006	Ft. Collins, CO
M 65-69	Paul Heitzman	11:37.70	2000	Wichita, KS

5000 Meters

W 40-44	Paula Birmingham	25:10.60	1992	Lincoln, NE
W 55-59	Jane Hutchison	23:18.40	2005	Edwardsville, IL
M 30-34	Jim Barker	18:35.00	1981	Lincoln, NE
M 35-39	Rod Lechtenberger	16:10.50	1981	Lincoln, NE
M 40-44	Ed Woerner	16:47.70	1992	Lincoln, NE
M 45-49	Bob Elwood	16:57.20	1981	Lincoln, NE
M 50-54	Severin Blenkush	20:52.00	1994	Blaine, MN
M 55-59	Dan Conway	17:11.30	1994	Blaine, MN
M 70-74	William Andberg	20:54.10	1981	Lincoln, NE

80m Hurdles

	Name	Time	Year	Location
W40-44	Sandy Maryott	17.40	1992	Lincoln, NE
W 45-49	Claire Overstake	15.53	2003	Wichita, KS
W 70-74	Christel Donley	15.90	2005	Edwardsville, IL
M 60-64	Jerry Reiserer	14.80	1992	Lincoln, NE
M 70-74	Charles Obye	15.30	1992	Lincoln, NE
M 75-79	Lee Todd	18.60	1993	Lincoln, NE
M 80-84	Fred Hirsimaki	18.57	2006	Ft. Collins, CO

100m Hurdles

M 50-54	Stacy Price	14.82	2006	F. Collins, CO
M 55-59	Ernie Snodgrass	17.89	2008	Edwardsville, IL
M 60-64	Charlie Miller	15.60	2000	Wichita, KS
M 65-69	Michael Burns	21.26	2009	St. Paul, MN

110m Hurdles

M 30-34	Jerry Holmberg	15.60	1978	Kansas (120 yards)
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M 35-39	Doug Scheebeck	15.60	1996	Colorado Springs, CO
M 40-44	Stacy Price	15.20	1996	Colorado Springs, CO
M 45-49	Jack Greenwood	15.80	1975	St. Marys, KS (120 yards)
M 50-54	Jack Greenwood	15.70	1978	Kansas (120 yards)
	Jack Greenwood	15.80	1979	Aurora, CO (110m)
M 55-59	George Labelle	19.19	1994	Blaine, MN
M 60-64	Jerry Reiserer	18.20	1990	Lincoln, NE
M 65-69	Bob Thomas	21.80	1992	Lincoln, NE
M 70-74	Clarence Bryce	24.30	2004	Edwardsville, IL ??

300m Hurdles

M 50-54	Stewart Bjorgan	62.30	2009	St. Paul, MN
M 65-69	Ron Kirkpatrick	52.04	2006	Ft. Collins, CO
M 70-74	George LaBelle	1:25.26	2009	St. Paul, MN
M 80-84	Fred Hirsimaki	1:25.54	2006	Ft. Collins, CO

400m Hurdles

M 30-34	Jerry Holmberg	61.30	1975	St. Marys, KS (440 yards)
M 35-39	Doug Scheebeck	57.00	1996	Colorado Springs, CO
M 40-44	Mike Pannell	57.00	1996	Colorado Springs, CO
M 45-49	Jack Greenwood	59.97	1975	St. Marys, KS (440 yards)
M 50-54	Jack Greenwood	59.84	1978	Kansas (440 yards)
M 55-59	Larry Gardner	75.44	1994	Blaine, MN
M 60-64	Jerry Reiserer	59.50	1992	Lincoln, NE

3000m Racewalk

	Name	Time	Year	Location
W 30-34	Molly Lavacek	14:16.80	1998	Wichita, KS
W 35-39	Darla Yoerg	18:44.40	2006	Ft. Collins, CO
W 40-44	Becky Crawford	24:20.00	1998	Wichita, KS
W 45-49	Patsy Barker	21:36.00	1998	Wichita, KS
W 50-54	Sherrie Grossert	18:08.50	2006	Ft. Collins, CO
W 55-59	Marianne Martino	17:08.20	2006	Ft. Collins, CO
W 60-64	Betty Eisenhour	25:25.80	1998	Wichita, KS
W 65-69	Rita Sinkovec	19:59.90	2006	Ft. Collins, CO

M 45-49	Michael Blanchard	15:27.40	2006	Ft. Collins, CO
M 50-54	Ed Stienk	19:20.38	2002	Wichita, KS
M 55-59	Michael Wiggins	14:10.70	2003	Wichita, KS
M 60-64	Ed Guiff	19:57.10	2006	Ft. Collins, CO
M 65-69	Richard Ortiz	19:10.20	2001	Wichita, KS
M 70-74	Dick Donley	21:46.00	1999	Wichita, KS
M 75-79	Dick Donley	24:29.01	2002	Wichita, KS

5000m Racewalk

W 35-39	Kathy Finch	29:39.65	1994	Blaine, MN
W 45-49	Julie Bodzislaw	35:23.37	1994	Blaine, MN
W 50-54	Kathleen Nelson	33:02.05	2009	St. Paul, MN

M 35-39	Dave Owens	27:24.10	1994	Blaine, MN
M 45-49	Mike Wiggins	24:01.42	1994	Blaine, MN
M 50-54	Dewayne Walker	27:23.60	1994	Blaine, MN
M 55-54	Will Loew-Blosser	30:36.98	2009	St. Paul, MN
M 60-64	Phil Rogosheske	30:36.65	2009	St. Paul, MN

M 65-69 Bernie Finch 34:47.31 2009 St. Paul, MN

High Jump

	Name	Mark	Year	Location
W 35-39	Carole Brockman	1.24	1978	Kansas
W 40-44	Sandy Maryott	1.27	1992	Lincoln, NE
W 45-49	Sandy Maryott	1.30	1993	Lincoln, NE
W 55-59	Eileen Schmidt	1.07	1998	Wichita, KS
W 60-64	Eileen Schmidt	1.07	2002	Wichita, KS
W 65-69	Christel Donley	1.17	2002	Wichita, KS
W 70-74	Christel Donley	1.16	2005	Edwardsville, IL

M 30-34	Richard Boehringer	1.83	1978	Kansas
M 35-39	James Barrineau	2.05	1993	Lincoln, NE
M 40-44	David Sykes	1.87	2004	Edwardsville, IL
M 45-49	Ken Ellis	1.77	2003	Wichita, KS
M 50-54	J. C. Brown	1.75	1981	Lincoln, NE
M 55-59	Ron Colliver	1.57	2002	Wichita, KS
M 60-64	J. C. Brown	1.57	2002	Wichita, KS
M 65-69	Roger Young	1.42	2003	Wichita, KS
	Ronald Dennert	1.42	2004	Edwardsville, IL
M 70-74	Tom Langenfeld	1.45	2006	Ft. Collins, CO
M 75-79	Herb Anderson	1.30	1979	Aurora, CO
M 80-84	Fred Hirsimaki	1.20	2006	Ft. Collins, CO

Pole Vault

W 60-64	Sue Tunncliff	1.83	1998	Wichita, KS
M 30-34	Michael Stevens	4.57	1995	Colorado Springs, CO
M 35-39	Edward Watson	4.87	2008	Edwardsville, IL
M 40-44	Ken Ellis	4.72	1998	Wichita, KS
M 45-49	Mark Brenull	4.29	2002	Wichita, KS
M 50-54	Jerry Donley	3.81	1992	Lincoln, NE
M 55-59	Ron Colliver	3.05	2001	Wichita, KS
M 60-64	Jerry Donley	3.51	1992	Lincoln, NE
M 65-69	Jerry Donley	3.20	1995	Colorado Springs, CO
M 70-74	Jerry Donley	2.89	2001	Wichita, KS
M 75-79	Jerry Donley	2.74	2005	Edwardsville, IL

Long Jump

	Name	Mark	Year	Location
W 30-34	Marg Sutter	4.47	1981	Lincoln, NE
W 35-39	Julie Buteris	4.57	2001	Wichita, KS
W 40-44	Patricia Hodge	4.90	2005	Edwardsville, IL
W 45-49	JoeAnn Jackson-Matthews	4.75	2009	St. Paul, MN
W 55-59	Eileen Schmidt	3.18	1998	Wichita, KS
W 60-64	Nadine O'Connor	4.55	2006	Ft. Collins, CO
W 65-69	Poly Clarke	3.02	1978	Kansas
W 70-74	Christel Donley	2.94	2006	Ft. Collins, CO

M 30-34	Larry Rodenbeck	6.42	1981	Lincoln, NE
M 35-39	Gary Oliphant	5.93	1979	Aurora, CO
	Shawn Dolezilek	6.18(w?)	2008	Edwardsville, IL
M 40-44	Mac Azouga	6.03	1990	Lincoln, NE

M 45-49	Jack Greenwood	5.64	1975	St. Marys, KS
M 50-54	J. C. Brown	5.55	1981	Lincoln, NE
M 55-59	Ken Medley	5.51	1996	Colorado Springs, CO
M 60-64	Earl Ventura	5.18	1990	Lincoln, NE
M 65-69	Charles Obye	4.52	1991	Lincoln, NE
M 70-74	Charles Obye	4.34	1992	Lincoln, NE
M 75-79	John Davison	3.84	1996	Colorado Springs, CO
M 80-84	E. Lee Todd	2.84	1996	Colorado Springs, CO
M 85-89	Russ Randall	2.57	1995	Colorado Springs, CO

Triple Jump

W 40-44	Patricia Hodge	6.71	2005	Edwardsville, IL
W 45-49	Robin Hanson	7.01	2008	Edwardsville, IL
W 55-59	Eileen Schmidt	5.74	1998	Wichita, KS
W 60-64	Sharon Raham	6.20	2006	Ft. Collins, CO

M 30-34	Larry Rodenbeck	14.36	1981	Lincoln, NE
M 35-39	Samuel Harris	12.13	1994	Blaine, MN
M 40-44	Jeff Bilderbeck	10.90	2001	Wichita, KS
M 45-49	Craig Levine	10.64	2004	Edwardsville, IL
M 50-54	J. C. Brown	11.20	1991	Lincoln, NE
M 55-59	Larry Rodenbeck	10.49	2005	Edwardsville, IL
M 60-64	J. C. Brown	9.17	1991	Lincoln, NE
M 65-69	Carl Etter	8.85	2009	St. Paul, MN
M 70-74	Charles Obye	8.70	1992	Lincoln, NE
M 75-79	Herb Anderson	7.60	1979	Aurora, CO
M 80-84	Fred Hirsimaki	7.70	2006	Ft. Collins, CO
M 85-89	Herb Anderson	5.37	1990	Lincoln, NE

Shot Put	Name	Mark	Year	Location
W 30-34	Lora Black	11.26	1981	Lincoln, NE
W 35-39	Lynna Goss	7.14	2001	Wichita, KS
W 40-44	Joan Stratton	11.25	1995	Colorado Springs, CO
W 45-49	Robin Hanson	7.94	2008	Edwardsville, IL
W 50-54	Karen Blackmore	6.65	2006	Colorado Springs, CO
W 55-59	Martha Green	6.68	2009	St. Paul, MN
W 60-64	Sharon Raham	7.71	2006	Ft. Collins, CO
W 65-69	Christel Donley	7.66	2004	Edwardsville, IL
W 70-74	Christel Donley	7.80	2006	Ft. Collins, CO
W 85-89	Betty Jarvis	4.51	2001	Wichita, KS

M 30-34	Ted Bulling	14.19	1992	Lincoln, NE
M 35-39	Todd Davis	13.63	2003	Wichita, KS
M 40-44	Rick Anderson	14.36	2003	Wichita, KS
M 45-49	Ed Cockrell	13.92	2005	Edwardsville, IL
M 50-54	Ron Summers	15.88	2004	Edwardsville, IL
M 55-59	Tom Wesselowski	13.47	1992	Lincoln, NE
M 60-64	Richard Cochran	14.15	2001	Wichita, KS
M 65-69	Wendell Palmer	13.67	1998	Wichita, KS
M 70-74	Gerald Vaughn	15.21	1990	Lincoln, NE
M 75-79	Phillip Brusca	10.53	2004	Edwardsville, IL
M 80-84	Phillip Brusca	11.10	2008	Edwardsville, IL
M 85-89	Lee Haun	7.42	1998	Wichita, KS

Discus

W 30-34	Julie Albertson	21.22	2008	Edwardsville, IL
W 35-39	Elana Goldberg	37.67	2001	Wichita, KS
W 40-44	Joan Stratton	35.56	1995	Colorado Springs, CO
W 45-49	Kirsten Dierking	24.17	2009	St. Paul, MN
W 50-54	Janet Porter	13.03	2006	Ft. Collins, CO
W 55-59	Martha Green	16.50	2009	St. Paul, MN
W 60-64	Sharon Raham	22.14	2006	Ft. Collins, CO
W 65-69	Carol Young	18.25	2006	Ft. Collins, CO
W 70-74	Christel Donley	18.07	2006	Ft. Collins, CO
W 85-89	Betty Jarvis	13.28	2001	Wichita, KS

M 30-34	Will Summers	52.82	2004	Edwardsville, IL
M 35-39	Mark Collier	58.23	2004	Edwardsville, IL
M 40-44	Todd Davis	47.43	2005	Edwardsville, IL
M 45-49	Mike McGraw	43.41	2000	Wichita, KS
M 50-54	Jimmy Jones	46.58	1996	Colorado Springs, CO
M 55-59	Valentino Martinez	46.55	2004	Edwardsville, IL
M 60-64	Richard Cochran	51.82	2001	Wichita, KS
M 65-69	Richard Cochranr	53.07	2004	Edwardsville, IL
M 70-74	Wendell Palmer	45.87	2002	Wichita, KS
M 75-79	Ed Hooker	36.63	2001	Wichita, KS
M 80-84	Hugh Hackett	32.08	2003	Wichita, KS
M 85-89	Herb Anderson	16.00	1990	Lincoln, NE

Javelin

	Name	Mark	Year	Location
W 35-39	Vicki Johnson	27.05	1992	Lincoln, NE
W 40-44	Robin Hanson	23.65	2004	Edwardsville, IL
W 45-49	Kirsten Dierking	19.69	2009	St. Paul, MN
W 50-54	Janet Porter	11.43	2006	Ft. Collins, CO
W 55-59	Nina Bryant	17.15	2001	Wichita, KS
W 60-64	Sharon Raham	28.82	2006	Ft. Collins, CO
W 65-69	Christel Donley	21.82	2002	Wichita, KS
W 70-74	Christel Donley	23.88	2006	Ft. Collins, CO
W 80-84	Dorothy Morgan	15.98	2006	Ft. Collins, CO
W 85-89	Betty Jarvis	9.93	2001	Wichita, KS

M 30-34	Mike Pitko	68.28	1978	Kansas
M 35-39	Tom Pukstys	74.90	2004	Edwardsville, IL
M 40-44	D. Edstrom	45.44	1979	Aurora, CO
M 45-49	Rocco Petitto	53.67	1996	Colorado Springs, CO
M 50-54	Stere Cox	42.80	2002	Wichita, KS
M 55-59	Ed Morland	45.80	2006	Ft. Collins, CO
M 60-64	Bill Brazelton	40.49	1992	Lincoln, NE
M 65-69	Bill Brazelton	38.56	1996	Colorado Springs, CO
M 70-74	Charles Obye	33.58	1993	Lincoln, NE
M 75-79	Lee Todd	30.68	1993	Lincoln, NE
M 80-84	Homer Socolofsky	27.25	2002	Wichita, KS
M 85-89	Herb Anderson	19.48	1990	Lincoln, NE

Hammer

W 35-39	Elana Goldberg	29.36	2001	Wichita, KS
W 40-44	Debbie Falzitto-Gocken	23.10	2006	Ft. Collins, CO
W 45-49	Kirsten Dierking	23.39	2009	St. Paul, MN
W 55-59	Martha Green	21.29	2009	St. Paul, MN
W 60-64	Sharon Raham	22.57	2006	Ft. Collins, CO
W 65-69	Carol Young	30.40	2006	Ft. Collins, CO
W 70-74	Christel Donley	17.60	2006	Ft. Collins, CO
W 85-89	Betty Jarvis	9.25	2001	Wichita, KS
M 30-34	Ryan Hale	48.64	2001	Wichita, KS
M 35-39	James Fahie	59.49	2009	St. Paul, MN
M 40-44	Ken Jansson	59.41	2001	Wichita, KS
M 45-49	Rande Treece	49.61	2006	Ft. Collins, CO
M 50-54	Ron Summers	50.00	2007	Edwardsville, IL
M 55-59	Tim Edwards	40.18	2004	Edwardsville, IL
M 60-64	Bob Maltby	32.06	2006	Ft. Collins, CO
M 65-69	Wendell Palmer	38.05	1998	Wichita, KS
M 70-74	Wendell Palmer	39.75	2002	Wichita, KS
M 75-79	Phillip Brusca	28.57	2004	Edwardsville, IL
M 80-84	Dick Mulkern	26.00	2009	St. Paul, MN

Weight Throw

W 40-44	Debbie Falzitto-Cocken	4.69	2006	Ft. Collins, CO
W 45-49	Lisa Hampton	4.02	2006	Ft. Collins, CO
W 65-69	Carol Young	6.40	2006	Ft. Collins, CO
M 35-39	Brian Phillips	10.96	2006	Ft. Collins, CO
M 45-49	Rande Treece	14.92	2006	Ft. Collins, CO
M 50-54	Blaine Welton	7.14	1999	Wichita, KS
M 55-59	Tim Edwards	15.45	2004	Edwardsville, IL
M 60-64	Bob Maltby	13.27	2006	Ft. Collins, CO
M 65-69	Robin Herron	11.73	2004	Ft. Collins, CO
M 70-74	Pay Cartensen	13.01	2006	Ft. Collins, CO

Relays

4 X 100

M 30-39	Allen, Nelson Herda, Tarasewicz	46.92	1994	Blaine, MN
M 40-49	Papps, Allen Soderberg, Greenwood	48.10	1975	St. Marys, KS (440 yards)
M 50-59	Fisher, Colliver Steinmetz, Dolezel	50.67	2001	Wichita, KS

4 X 400

M 30-39	Winkel, Allen Herda, Nelson	3:51.10	1994	Blaine, MN
M 40-49	Pappas, Jones Allen, Greenwood	4:11.70	1975	St. Marys, KS (1-Mile)
M 50-59	Sheehan, Olson	4:10.88	2009	St. Paul, MN

Peterson, Schoffman

4 X 800

W 40-49

Stoneking, Jansen 10:26.60 1994 Blaine, MN
Larson, Day

**Listing may be missing some records set at the 2007 championships in Edwardsville, IL.*

--Revised 6/19/09